

# PROSPECTUS



2025



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## OUR VISION

Working hard, aiming high & having fun!

At Shilleena's Dance Academy, it is our mission to provide quality dance tuition and care that encourages and supports the physical, emotional and cognitive development of the individual.

We aim to –

- Provide a high standard of tuition in Ballet, Jazz (Commercial, Street, Cabaret & Technical), Tap, Contemporary, Acrobatics, Creative Movement and Mature-age Dance.
- Nurture a love of dance
- Provide encouragement and support to the individual
- Provide a well-rounded dance training program, and
- Provide a fun and creative class environment.

## CONTACT DETAILS

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## STUDIO ADDRESS

Coorparoo Uniting Church Hall  
Upstairs, Downstairs & Third Room Studios  
Cnr York Street and Cavendish Road  
Coorparoo, Brisbane.



We respect and honour Aboriginal and Torres Strait Islander Elders past, present and emerging. We acknowledge the stories, traditions and living cultures of Aboriginal and Torres Strait Islander peoples on this land and commit to building a brighter future together.

## OUR PRINCIPAL

Shilleena Collins began her dance training at the age of 5 and since then has studied ballet, contemporary, jazz, tap, character, cabaret, singing and musical theatre. Having successfully completed an Advanced Diploma of Arts (Dance) and a Full Teaching Certificate in RAD (Royal Academy of Dancing), Shilleena continues to update her skills by attending regular seminars and workshops. In 2014 she completed her training through SFD (Southern Federation of Dance) and is now a fully qualified examiner in Ballet, Jazz and Tap.

With experience on both an amateur and professional level, Shilleena has choreographed for musical and children's theatre productions, danced extensively in competitions and performed in professional and corporate productions. Having recently choreographed and helped develop the updates to the higher and lower levels of the SFD syllabus.

Shilleena began her teaching career coaching and choreographing in private studios and musical theatre groups in 1999. Then early in 2005, she took over Suzanne Beames School of Dance as Principal and the school was renamed Shilleena's Dance Academy. From then on, she strived to build the school to what it is today constantly adding new styles and hitting new heights as a school focusing on quality dance training, hard work and fun.



### Qualifications:

- Advanced Diploma of Arts (Dance) – Australian Dance Performance Institute
- Examiner – Southern Federation of Dance
- Member – Southern Federation of Dance
- Grade 10 Jazz Examination – SFD (Honours with Distinction)
- Grade 10 Tap Examination – SFD (Honours with Distinction)
- Advanced Ballet Examination - SFD (Honours with Distinction)
- Progressing Ballet Technique - Certified in Junior, Intermediate & Advanced Programs
- Full Teacher's Certificate – Royal Academy of Dance
- Advanced 1 Ballet Examination completed - RAD
- Theatrical Grade 1 Examination completed - CSTD
- Senior Gold Star Tapping Examination completed - CSTD

## OUR SYLLABUS

Shilleena's Dance Academy offers syllabus classes from the Southern Federation of Dance (SFD). Founded in 1988 in Melbourne, the SFD aims to always provide enjoyable work for teachers and students, and to develop excellence in dance whilst broadening both a student's artistic and social dimensions. The SFD syllabus is the most comprehensive, well structured, and relevant program available, and SDA teaches its Classical Ballet, Tap and Jazz syllabi.

In Queensland, the QCAA recognises courses of study that represent a range of learning that may contribute to a QCE. Higher level examinations in the SFD syllabus are awarded QCE credits in the Complimentary category of learning in years 11 and 12.







Students who attain a "Pass" in the following examinations will receive 1 QCE credit.





Classical Ballet:	Pre-Elementary, Elementary, Intermediate & Advanced
Tap:	Grades 7, 8, 9 and 10
Jazz:	Grades 7, 8, 9 and 10





## OUR TEACHING TEAM

<p>Miss Abby</p> 	<p>Miss Abby was four years old when she started dancing at SDA, with Miss Alanah as her main teacher. She has been a student teacher with SDA for four years helping in ballet and jazz classes. <i>"Dancing is so much more than just movement; it's about building confidence, fostering creativity, and sharing a space where students feel seen, supported and inspired."</i>  <b>Dance Styles Studied:</b> Ballet, Jazz, Commercial Jazz, Contemporary, Cabaret</p>	<p><b>Exams Completed:</b> SFD Level 9 Jazz</p>
<p>Miss Alanah</p> 	<p>Miss Alanah has been learning dance since she was 3 years old and has been teaching at SDA for 11 years. She has completed the highest level of examinations in Ballet, Jazz &amp; Tap with SFD and continues to perform regularly in musical theatre productions. Alanah loves to dance, and wants to pass that love on to other students of all ages.  <b>Dance Styles Studied:</b> Ballet, Tap, Jazz, Contemporary, Cabaret, Musical Theatre</p>	<p><b>Exams Completed:</b> SFD Advanced Ballet SFD Level 10 Jazz SFD Level 10 Tap</p>
<p>Miss Alessandra</p> 	<p>Miss Alessandra has been dancing since the age of 4 and has studied dance in Brisbane and performed recently with Those Tap Guys. Starting out as an assistant teacher in various styles of dance before joining our SDA teaching team in 2022. Her favourite steps are jumps and leaps. <i>"To be able to share my love for dance with others and see their excitement and joy as they learn new skills and improve is so rewarding."</i>  <b>Dance Styles Studied:</b> Ballet, Tap, Jazz, Contemporary, Commercial Jazz, Acrobatics</p>	<p><b>Exams Completed:</b> SFD Level 10 Jazz SFD Level 10 Tap</p>
<p>Miss Eden</p> 	<p>Miss Eden comes to SDA from Noosa Professional Dance Academy. She holds Advanced 1 qualifications from the British Ballet Organisation, and a Diploma in Performing Arts (Dance) from ED5 International. She has performed musical theatre in Sydney and has taught at various dance schools across the East Coast. Miss Eden has been teaching at SDA for 10 years and has seen our performance troupe through many competitions and performances throughout South East Queensland.</p>	<p><b>Dance Styles Studied:</b> Ballet, Jazz, Tap Contemporary Acrobatics Commercial Jazz</p>
<p>Miss Edie</p> 	<p>Miss Edie loves being able to share the gift of dance with her students. <i>"I have always enjoyed imaginative and thought-provoking disciplines that allow me to learn more about myself and the world around me. Seeing the students embrace movement as a form of self-expression and create the most special friendships with their fellow dancers, is truly a gratifying experience."</i> She trained as a student teacher and has been teaching at SDA for 4 years, continuing to participate in workshops and training to enhance her skills.  <b>Dance Styles Studied:</b> Ballet, Tap, Jazz, Contemporary, Commercial Jazz</p>	<p><b>Exams Completed:</b> SFD Advanced Ballet SFD Level 10 Jazz SFD Level 10 Tap</p>
<p>Miss Emma</p> 	<p>Emma has been dancing since the age of 6 and been at SDA since 2016. She was a student teacher and taught casual classes in Commercial Jazz. Emma studied full time dance after school, however, was unable to finish due to injury. Now she keeps her passion alive by sharing her love for dance with others. <i>"My favourite style of dance is anything upbeat! It's so liberating channelling an alter ego whenever I'm performing. I hope to share this love for dance with the little ones. It's so special seeing them grow as dancers and come out of their shell."</i>  <b>Dance Styles Studied:</b> Jazz, Commercial Jazz, Tap, Contemporary, Hip Hop</p>	<p><b>Exams Completed:</b> SFD Level 8 Jazz SFD Level 8 Tap</p>

<p>Miss Liliias</p> 	<p>Liliias have been dancing since age 3 and joined the SDA family in 2009. She has completed many examinations and performed in competitions and charity events in and around Brisbane. She was a student teacher at SDA for 4 years, becoming a teacher in 2024. <i>"The joy I receive from watching young children grow into the most beautiful dancers and people is a true privilege. From learning to point toes to exploring self-expression and confidence, SDA is a community that I have been fortunate to grow up in. Now having a part in helping others to grow and develop, I am truly grateful to experience something so rewarding."</i></p> <p><b>Dance Styles Studied:</b> Ballet, Tap, Jazz, Contemporary, Commercial Jazz</p>	<p><b>Exams Completed:</b> SFD Intermediate Ballet SFD Level 9 Jazz SFD Level 8 Tap</p>
<p>Miss Paige</p> 	<p>Finishing school in 2016, Miss Paige graduated from ADPI (Australian Dance Performance Institute) with a Diploma of Musical Theatre. <i>"Seeing the passion children have for dance grow is something so special to watch. As these students then mature, being able to share the same love for dance is the reason why I thoroughly enjoy being a dance teacher."</i></p> <p><b>Dance Styles Studied:</b> Ballet, Jazz, Tap, Cabaret, Contemporary, Acrobatics, Singing, Musical Theatre, Commercial Jazz</p>	<p><b>Exams Completed:</b> SFD Advanced Ballet SFD Level 10 Jazz SFD Level 10 Tap</p>
<p>Miss Vanessa</p> 	<p>Born in Melbourne, Vanessa began her training at the Jane Moore Academy of Ballet at 4 years of age. After completing her secondary school education, she trained at Ballet Theatre Australia for 2 years before becoming a Company Artist with Queensland Ballet in 2013. She was promoted to First Company Artist in 2020. Vanessa has performed a vast repertoire from the traditional classical ballets to modern and contemporary works, over the span of her professional career. Vanessa has a real passion for nurturing and coaching the future generation of dancers, whether they are looking to pursue a professional career or just dance for fun!</p>	<p><b>Queensland Ballet First Company Artist</b></p>
<p>Miss Zoe</p> 	<p>Miss Zoe started dancing at SDA when she was 5 years old. She began as a student teacher, then took on her own classes in 2018. She loves to teach all ages and dance styles and continues to develop her dance and teaching skills in workshops and performing on a regular basis. <i>"The discipline and teamwork that young dancers develop is so important and being able to watch students grow in both skill and enthusiasm makes it so worthwhile."</i></p> <p><b>Dance Styles Studied:</b> Ballet, Jazz, Irish, Tap, Contemporary, Cabaret, Burlesque</p>	<p><b>Exams Completed:</b> SFD Advanced Ballet SFD Level 10 Jazz SFD Level 8 Tap</p>

## DANCE STYLES

### Creative Movement



Creative Dance classes for students aged 2.5-4 years are a wonderful introduction to dance. Children play dance games and act out simple stories as they learn to improve their gross motor skills, coordination, and musicality. Our specially designed classes, covering a variety of dance forms, are heaps of fun for little dancers!

### Ballet



Students from the age of five can begin to learn the graceful art of ballet in Foundation Ballet. From Foundation Ballet, students move to levelled classes 1-7, then progress to the vocational levels Pre-Elementary to Advanced. Our teachers guide students as they work to develop strength, balance, poise and artistry. From Grade 2, students learn character elements in class, and from Grade 7 pointe work is introduced into lessons. Students will learn syllabus work which will allow them to undertake *Southern Federation of Dance* examinations.

Progressing Ballet Technique classes developed by Marie Walton-Mahon are now included in Open Pointe Technique/Ballet Conditioning classes. This training program is a set of exercises utilising various equipment pieces and promoting safe dance practices and a greater understanding of core stability, weight placement and alignment.

Open Adult Ballet classes are also available in three levels – Beginner, Intermediate and Advanced. These classes are suitable for any dancers aged 14 and up (adult dancers also welcome) who want to start learning ballet, or who are already proficient and want to maintain their skills.

### Jazz



Join our exciting jazz classes to learn the sharp, strong, high-energy moves of this dance style. Students in levels Foundation, 1 through to level 10 learn syllabus work developed by the *Southern Federation of Dance*, which provides an enriching learning experience through sound, up-to-the-minute teaching techniques. Technique and mature age jazz classes are also available.

We offer two Street Jazz classes which combine jazz technique with the free-flowing style of hip hop. This funky style of dance is taught to classic and up-to-date pop music and is an ideal way to express your creativeness; find your groove, and accent sharp, strong body movements. It is fantastic exercise and is for ages 6-11 years (Junior) and 12-15 years (Intermediate).

Commercial Jazz is a fun energetic style of dance that combines the strength of technique work while exploring all different styles of jazz. Each week you will learn different routines in various styles from soft, flowing and expressive to fast paced, hard hitting and dynamic. This class is for ages 15 and up and is of an intermediate/advanced level.

Open Jazz Technique is a class that is a purely tech class that focusing on building strength in kicks, leaps and turns. This class is for more advanced students and will help you gain skills to further enhance your strength in all styles.

Cabaret jazz is a heels technique class which prepares our dancers for future industry endeavours. We combine the glitz of cabaret with the infectious energy of jazz to create a unique and empowering dance experience. Two classes are available for dancers 15 and over – Open Age or Advanced Cabaret. Why not grab some heels and give it a go!

### Tap



Learn to make music with your feet in our fun tap classes. Enjoy a mix of classic show tunes, Broadway, jazz and popular music as you learn the exciting rhythms of tap dance. Students in levels Foundation, 1 through to 10 learn syllabus work developed by the *Southern Federation of Dance*, which provides a comprehensive learning program in tap theory, developing skills as they progress. Mature age tap classes are also available at the beginner and intermediate level.

Open Tap Technique is a class that is a purely tech class that focuses on building advanced tap skills.

### Contemporary/Lyrical



Learn to express yourself through the soft, fluid movements of contemporary/lyrical. These styles mix technical aspects of dance with dynamic leaps and emotive expression through the body. Contemporary classes are available from 11 years of age, and lyrical classes from 15 years. Mature-age dancers are also available.

### Acrobatics



If you have always wanted to flip, somersault and cartwheel, then this is the class for you. Learn sound acrobatic techniques in a safe environment, building up to floor routines that will challenge and excite. Don't run away and join the circus – come to acro instead!

## 2025 TIMETABLE

Class	Day	Time	Location
Creative Movement (2.5-4 years)	Saturday	8:30-9:00am	3 <sup>rd</sup> Lower Room
Foundation Ballet (5 years)	Saturday	8:15-9:00am	Downstairs Hall
Grade 1 Ballet	Saturday	1:45-2:30pm	Downstairs Hall
Grade 2 Ballet (class 1)	Monday	3:30-4:15pm	Upstairs Hall
Grade 2 Ballet (class 2)	Saturday	11:30-12:15pm	Downstairs Hall
Grade 4 Ballet (class 1)	Monday	3:45-4:30pm	Downstairs Hall
Grade 4 Ballet (class 2)	Tuesday	4:00-4:45pm	Downstairs Hall
Grade 5 Ballet (class 1)	Wednesday	4:30-5:15pm	Upstairs Hall
Grade 5 Ballet (class 2)	Saturday	11:00-12:00pm	Upstairs Hall
Grade 7 Ballet (class 1)	Wednesday	5:15-6:30pm	Downstairs Hall
Grade 7 Ballet (class 2)	Thursday	5:15-6:15pm	Downstairs Hall
Pre-Elementary Ballet (class 1)	Tuesday	4:45-6:00pm	Downstairs Hall
Pre-Elementary Ballet (class 2)	Thursday	7:00-8:15pm	Downstairs Hall
Elementary Ballet (class 1)	Monday	6:30-7:45pm	Upstairs Hall
Elementary Ballet (class 2)	Wednesday	7:45-9:00pm	Downstairs Hall
Intermediate Ballet (class 1)	Monday	6:30-7:45pm	Downstairs Hall
Intermediate Ballet (class 2)	Wednesday	5:15-6:30pm	Upstairs Hall
Open Adult Beginner Ballet	Friday	8:00-9:00pm	Upstairs Hall
Open Adult Intermediate Ballet	Saturday	9:00-10:00am	Upstairs Hall
Open Advanced Ballet (class 1)	Monday	7:45-9:00pm	Upstairs Hall
Open Advanced Ballet (class 2)	Wednesday	7:45-9:00pm	Upstairs Hall
Pas De Deux	Monday	9:00-9:30pm	Upstairs Hall
Pointe Technique (11+ years)	Thursday	6:15-7:00pm	Downstairs Hall
Open Pointe Tech & Ballet Conditioning	Saturday	8:00-9:00am	Upstairs Hall
Foundation Jazz (5 years)	Saturday	9:00-9:30am	Downstairs Hall
Grade 1 Jazz	Saturday	1:00-1:45pm	Downstairs Hall
Grade 2 Jazz	Saturday	10:45-11:30am	Downstairs Hall
Grade 3 Jazz	Saturday	2:00-2:45pm	Upstairs Hall
Grade 4 Jazz	Saturday	3:45-4:45pm	Upstairs Hall
Grade 5 Jazz	Saturday	1:00-2:00pm	Upstairs Hall
Grade 6 Jazz	Friday	6:00-7:00pm	Downstairs Hall
Grade 7 Jazz	Friday	4:00-5:00pm	Upstairs Hall
Grade 8 Jazz	Friday	6:00-7:00pm	Upstairs Hall
Grade 9 Jazz	Thursday	4:00-5:15pm	Downstairs Hall
Grade 10 Jazz	Thursday	4:00-5:15pm	Upstairs Hall
Open Jazz Technique (15+ years)	Thursday	7:15-8:15pm	Upstairs Hall
Commercial Jazz (15+ years)	Thursday	6:15-7:15pm	Upstairs Hall
Open Cabaret Jazz (15+ years)	Tuesday	6:00-7:00pm	Downstairs Hall
Advanced Cabaret Jazz (15+ years)	Thursday	8:15-9:15pm	Upstairs Hall
Open Adult Jazz	Tuesday	7:00-8:00pm	Downstairs Hall
Junior Street Jazz (6-11 years)	Wednesday	3:45-4:30pm	Upstairs Hall
Intermediate Street Jazz (12-15 years)	Wednesday	4:30-5:15pm	3 <sup>rd</sup> Lower Room
Foundation Tap (5 years)	Saturday	9:30-10:00am	Downstairs Hall
Grade 1 Tap	Saturday	12:15-1:00pm	Downstairs Hall
Grade 2 Tap	Saturday	10:00-10:45am	Downstairs Hall
Grade 3 Tap	Saturday	2:45-3:30pm	Downstairs Hall
Grade 4 Tap	Saturday	2:45-3:45pm	Upstairs Hall
Grade 5 Tap	Saturday	12:00-1:00pm	Upstairs Hall
Grade 6 Tap	Friday	5:00-6:00pm	Downstairs Hall
Grade 7 Tap	Friday	5:00-6:00pm	Upstairs Hall
Grade 8 Tap	Monday	7:45-8:45pm	Downstairs Hall
Grade 9 Tap	Wednesday	4:15-5:15pm	Downstairs Hall
Open Tap Technique (15+ years)	Friday	7:00-8:00pm	Upstairs Hall
Open Adult Beginner Tap	Friday	7:00-8:00pm	Downstairs Hall
Open Adult Intermediate Tap	Saturday	10:00-11:00am	Upstairs Hall
Level 1 Contemporary (11-13 years)	Wednesday	6:30-7:30pm	Downstairs Hall
Level 2 Contemporary (14-15 years)	Monday	4:15-5:15pm	Upstairs Hall
Open Contemporary (16+ years)	Wednesday	6:30-7:45pm	Upstairs Hall
Open Lyrical (15+ years)	Thursday	5:15-6:15pm	Upstairs Hall
Open Adult Contemporary	Tuesday	8:00-9:00pm	Downstairs Hall
Acrobatics Level 1 (7+ years)	Tuesday	3:45-4:45pm	Upstairs Hall
Acrobatics Level 2	Tuesday	4:45-5:45pm	Upstairs Hall
Acrobatics Level 3	Tuesday	5:45-7:00pm	Upstairs Hall
Performance Group (Intermediate)	Monday	4:30-6:30pm	Downstairs Hall
Performance Group (Sub-Senior & Senior)	Monday	5:15-6:30pm	Upstairs Hall
Performance Group (Sub-Senior & Senior)	Tuesday	7:00-9:00pm	Upstairs Hall



## 2025 TERM FEES

Ballet		Tinies Dance	
Grade 1 Ballet	\$145.00	Creative Movement (30mins)	\$125.00
Grade 2 Ballet	\$145.00	Foundation Tap (30 mins)	\$125.00
Grade 3 Ballet	\$145.00	Foundation Jazz (30 mins)	\$125.00
Grade 4 Ballet	\$145.00	Foundation Tap and Jazz Combo Class (1hr)	\$155.00
Grade 5 Ballet	\$150.00	Foundation Ballet (45 mins)	\$145.00
Grade 6 Ballet	\$155.00	Acrobatics	
Grade 7 Ballet	\$165.00	Acrobatics Level 1	\$165.00
Pre-Elementary Ballet	\$175.00	Acrobatics Level 2	\$165.00
Elementary Ballet	\$175.00	Acrobatics Level 3	\$175.00
Intermediate Ballet	\$175.00	Jazz	
Open Advanced Ballet	\$175.00	Grade 1 Jazz	\$145.00
Pas De Deux	\$60.00	Grade 2 Jazz	\$145.00
Open Adult Beginner Ballet	\$165.00	Grade 3 Jazz	\$145.00
Open Adult Intermediate Ballet	\$165.00	Grade 4 Jazz	\$155.00
Pointe Technique	\$115.00	Grade 5 Jazz	\$155.00
Open Pointe Technique & Ballet Conditioning	\$155.00	Grade 6 Jazz	\$155.00
Contemporary/Lyrical		Grade 7 Jazz	\$155.00
Level 1 Contemporary	\$165.00	Grade 8 Jazz	\$165.00
Level 2 Contemporary	\$165.00	Grade 9 Jazz	\$175.00
Open Contemporary	\$175.00	Grade 10 Jazz	\$175.00
Open Lyrical	\$165.00	Open Jazz Technique	\$165.00
Open Adult Contemporary	\$165.00	Street Jazz (Junior)	\$155.00
Tap		Street Jazz (Intermediate)	\$155.00
Grade 1 Tap	\$145.00	Commercial Jazz	\$165.00
Grade 2 Tap	\$145.00	Open Cabaret Jazz	\$165.00
Grade 3 Tap	\$145.00	Advanced Cabaret Jazz	\$165.00
Grade 4 Tap	\$155.00	Open Adult Jazz	\$165.00
Grade 5 Tap	\$155.00	Performance Classes	
Grade 6 Tap	\$155.00	Intermediate Performance	\$185.00
Grade 7 Tap	\$155.00	Sub & Senior Performance	\$245.00
Grade 8 Tap	\$165.00	Private Lessons & Casual Classes	
Grade 9 Tap	\$165.00	Private Lessons (per hour)	\$95.00
Grade 10 Tap	\$175.00	Casual Classes	\$25 per class
Open Tap Technique	\$165.00	<b>ALL PRICES INCLUDE GST</b>	
Open Adult Beginner Tap	\$165.00		
Open Adult Intermediate Tap	\$165.00		

10% discount applies to students/families enrolling in 3-5 classes.  
15% discount applies to students/families enrolling in 6 or more classes.

### Fees and Accounts

Fees for lessons are charged per term and are payable before or at the start of each term. Fees are calculated by dividing the annual fee into 4 equal term payments, therefore there will be no adjustments for shorter- or longer-term periods. Fees not received by the close of the second week of term will be subject to an 11% administration fee. There will be classes held on all pupil free days but NOT on public holidays. You will receive a credit for the public holiday if it falls on your lesson day.

### Payment Method / Policies

Payment by direct deposit or cash are required prior to the due date (end of week two). Please email your remittance advice as soon as possible and use your invoice number and surname as reference. If you have queries about your account, please direct them to Shilleena via phone or email.

If a student withdraws their enrolment before the end of a term, the full term's fees will remain payable. At any time, a student's enrolment must be officially withdrawn by informing the principal, otherwise fees will continue to accrue as the student's place is held in the class. Students are advised to keep their own record of payments made for class fees.

### Classes Missed due to Illness or Holidays

If you miss a class due to illness (including any quarantine requirements) or family reasons, refunds or credits will not be made for those missed classes. Students may take a 'make-up' lesson instead with a comparable class. Make-up lessons are available for the full dance year but expire at the end of term 4 each year. These can be arranged by contacting Shilleena via email.



## UNIFORM REQUIREMENTS

Correct dress is an essential part of the discipline of learning dance. It is particularly important that students are dressed in appropriate dance attire, so teachers are able to monitor body placement and extension correctly. Students are required to wear the school uniform and appropriate grooming to all classes. These are as listed below. If you have different styles of dance on the same day (e.g. ballet followed by jazz), it is not necessary to change clothing, only shoes. You can layer over your leotard to easily transition between classes. Please note that for all ballet classes a leotard must be worn, and hair must be worn in a bun.

### Creative Movement and Foundation Ballet

- Option A
- Any style and colour leotard
  - Dance skirt if desired
  - Pink ballet socks or pink seamless ballet tights
  - Pink ballet shoes with elastic (NO JIFFIES)
  - Hair secured in a ponytail or bun
- Option B
- Any style singlet or fitted t-shirt
  - Fitted shorts
  - Any colour socks
  - Black ballet shoes with elastic or black jazz shoes
  - Hair secured away from face



### Ballet, Tap and Jazz Dress - Option B

White sleeveless cotton lycra leotard with Black cotton lycra tights, White socks folded down for exams  
(Any dance clothing acceptable for jazz/tap class but NO denim)

Hair must be worn off the face

- Ballet: Black ballet shoes with black elastic
- Jazz: Black elasticised jazz shoes (any brand best suited to the foot)
- Tap: Black lace-up (Jazz Tap) tap shoes

### Foundation Tap & Jazz – Option A

- Black wide strap camisole cotton lycra (Energetiks Annabelle or equivalent) leotard
- Black SDA-brand hot shorts  
(any dance clothing acceptable for class but NO denim)
- Black elasticised jazz shoes (any brand best suited to the foot)
- Black low heel (Bloch Tap-On or equivalent) tap shoes
- Skintone matt tights (socks are fine for class)
- Hair must be worn in a bun or ponytail

### Ballet Dress – Option A

Grade 1 - 2: Jacaranda wide strap camisole cotton lycra (Energetiks Annabelle or equivalent) leotard  
Lilac full circle short georgette skirt  
Pink seamless ballet tights (ballet socks are fine for class)  
Pink leather full or split sole ballet shoes with elastic (ribbons required for exams only)  
Black low heel canvas character shoes (grade 2 – term 3 onwards only)  
Hair must be worn in a bun

Grade 3 - 7: Jacaranda wide strap camisole cotton lycra (Energetiks Annabelle or equivalent) leotard  
Pink seamless ballet tights (ballet socks are fine for class)  
Pink leather full or split sole ballet shoes with elastic (ribbons required for exams only)  
Black low heel canvas character shoes (grades 3-4 – term 3 onwards only)  
Black high heel canvas character shoes (grades 5-6 – term 3 onwards only)  
Hair must be worn in a bun

Major Grades: Aubergine camisole cotton lycra (Energetiks Caroline, Katherine or Annabelle or equivalent) leotard (any type of leotard is fine for class)  
Pink seamless ballet tights  
Pink split sole canvas shoes ballet shoes with elastic  
Pink pointe shoes with ribbons (after pointe approval completed from teacher)  
Hair must be worn in a bun

### Jazz Dress – Option A

Grade 1 - 6: Black wide strap camisole cotton lycra (Energetiks Annabelle or equivalent) leotard  
Black SDA-brand hot shorts (any dance clothing acceptable for class but NO denim)  
Skintone matt tights (socks are fine for class)  
Black elasticised jazz shoes (any brand best suited to the foot)  
Hair must be worn in a bun or ponytail

Grade 7 - 9: Black double strap camisole cotton lycra (Energetiks Tiffany or equivalent) leotard  
Black SDA-brand hot shorts (any dance clothing acceptable for class but NO denim)  
Skintone matt tights (socks are fine for class)  
Black elasticised jazz shoes (any brand best suited to the foot)  
Hair must be worn in a bun or ponytail

Level 10: To be discussed with Miss Shilleena. Any dancewear is suitable for class.

### Tap Dress – Option A

Grade 1 - 6: Black wide strap camisole cotton lycra (Energetiks Annabelle or equivalent) leotard  
Black SDA-brand hot shorts (any dance clothing acceptable for class but NO denim)  
Skintone fishnet tights (exam only) (socks are fine for class)  
Grades 1-4: Black low heel (Bloch Tap-On or similar) tap shoes  
Grades 5-6: Black high heel (Bloch Showtapper or similar) tap shoes  
Hair must be worn in a bun or ponytail

Grade 7 - 9: Black double strap camisole cotton lycra (Energetiks Tiffany or equivalent) leotard  
Black SDA-brand hot shorts (any dance clothing acceptable for class but NO denim)  
Skintone fishnet tights (exam only) (socks are fine for class)  
Black lace-up (Bloch Jazz Tap or similar) tap shoes  
Hair must be worn in a bun or ponytail

Level 10: To be discussed with Miss Shilleena. Any dancewear is suitable for class.

### Open Pointe Technique/Ballet Conditioning

Leotard and ballet tights. Shorts/ballet skirts may be worn with bare feet or socks. Hair to be worn off the face.

### Contemporary/Lyrical

Comfortable, non-restrictive dancewear (no denim). Foot thongs, socks or bare feet. Hair to be worn off the face.

### Street Jazz & Commercial Jazz

Any style dancewear (no denim) with jazz sneakers or non-marking sneakers. Hair to be worn off the face.

### Cabaret Jazz

Fitted, non-restrictive dancewear (no denim) with chorus/cabaret heeled shoes. Hair to be worn off the face.

### Acrobatics

Fitted, non-restrictive dancewear (no denim). No shoes required - bare feet only. Hair to be worn off the face.

### Open Adult Classes

Any comfortable dance or exercise wear. Shoes appropriate to dance style. Hair to be worn off the face.

### Performance Troupe Classes

Any style dancewear (no denim). Shoes appropriate to dance style. Hair to be worn off the face.

### Grooming

As well as correct dance attire & shoes, grooming is very important in dance training. Hair should be worn in a bun with NO hair in face for ballet. Secure ponytail with NO hair in face for all other classes. In cooler weather only crossovers (a tight dance "cardigan") can be worn over leotards. Legwarmers are permitted. NO baggy jumpers or tracksuit pants are allowed in class. For the safety of all students, bulky watches and jewellery must not be worn to class (small studs or sleepers permitted).

### Shoe Care

Don't forget dance shoes should only be worn in the dance studio to make sure they are kept in the best condition. Change into your shoes just before your class starts and take them off before you leave the studio.

## GENERAL INFORMATION

### Term Dates 2025

Term 1 2025	03/02/25-05/04/25
Term 2 2025	22/04/25-28/06/25
Term 3 2025	14/07/25-20/09/25
Term 4 2025	06/10/25-06/12/25

### Newsletters

Our school newsletter is distributed via email each term. We ask that students and parents read this carefully and note important dates and information that are included. Students and their families are welcome to advertise or list the sale of second-hand dancewear, community notices or other information (achievements, news, etc.) in the newsletter. Please contact Miss Shilleena for more information.

### Annual Concert

The school's 21<sup>st</sup> annual concert is going to be held on [Saturday 8<sup>th</sup> November 2025](#) at the Logan Entertainment Centre, 170 Wembley Road, Logan Central. All students are encouraged to participate as it is a wonderful way to gain performance experience and for families and friends to celebrate their development. There are two performances of the show 11:00am and 5:00pm and students are required to perform in both. The manufacture of most costumes is organised by the school. Please note this date carefully in your diary and advise your teacher immediately if you will be unable to participate. Permission slips for the concert will go out in term 1.

### Performance Groups

The school's intermediate, sub-senior and senior performance groups represent the school at competitions and various functions throughout the year. Students audition for their place in the group at the end of the previous year. Students who display a willingness to improve, teamwork and great dedication are welcome to be part of the group. To be eligible, students must currently study at least two styles of dance with SDA.

### Eisteddfods

The most regular form of dance competition is the local eisteddfod. These are conducted several times each year throughout the greater Brisbane area and can be a wonderfully rewarding experience for students, providing valuable stage experience and exposure to their peers. Dancers wishing to compete in eisteddfod competitions (solo or otherwise) will require private or semi-private lessons to prepare. Students in the performance groups will compete in the group categories at eisteddfods several times each year. Please speak to your teacher if you would like more information about performing at these events.



## Private Lessons

Private lessons are an option for any student who may need additional preparation for examinations, assessments, competition, or for general practice. Private lessons are for individual students. Semi-private lessons with up to a few students may also be arranged. Please contact Miss Shilleena if you are interested.



## Parent Watching Week

Parent Watching Week is held twice a year as an opportunity for parents to watch their child's class. We look forward to seeing you during the second-last week of Term 1 and Term 3. Please see our newsletter for further information.

## SDA Choreography Competition

Each year we hold our SDA Choreography Competition. This is a competition where the students perform their own choreography in solos, duos, trios or small groups for an audience and a small panel of local judges. This wonderful event will be held in mid-term 3 and there are great prizes to be won, and it is a fun night for all. More details and entry forms will be advised in term 2.

## Second-Hand Footwear & Clothing

Second-hand dancewear is available at SDA and is kept in the 'Upstairs' kitchen cupboards. If you are interested in trying something on, please ask your teacher before or after class. Students are also welcome to sell any second-hand dancewear by placing the item in a snap-lock bag with your name, the item, its size and the price you are asking. All items left at the studio for sale are done so at your own risk. SDA is not responsible for the items.

## SDA Dance Apparel & Accessories

SDA apparel is available, with orders placed at the end of each month. We have a range of Skins, crops and pants, singlets and t-shirts, dance bags, socks and masks. All exam and concert tights are available to purchase from Miss Shilleena. Please see the order form available from our website, or our shop on Facebook for more details.

## Lost Property

The teachers will retain lost property for a period of time in the lost property shelf in the 'Upstairs' kitchen cupboard (next to the second-hand items). Please check the shelf or with your teacher ASAP if you are missing any property. Any items remaining in the cupboard at the end of each term will be donated to charity.

## Emergency Procedures

A stocked first aid kit is accessible to all classes at all times. Teachers are all qualified in first aid and CPR and also carry updated lists of emergency telephone numbers. In the event of a medical emergency, the teacher will endeavour to contact parents immediately. If parents are un-contactable, the teachers reserve the right to call for ambulance service if deemed necessary. It is imperative that all pre-existing conditions or temporary medical conditions be disclosed to Miss Shilleena upon enrolment and during the year as required. Staff have also completed mental health first aid training.





## Parking & Hall Care in Waiting Areas

Traffic can become congested at busy times around the York Street Hall. There is plenty of room to park in York Street and the surrounding side streets. Parents are asked not to park on the grassed area, and to leave the driveway clear for teacher parking only. Please be considerate of the residents in the area and do not park across driveways or footpaths. Please be careful to respect the church's property and always keep an eye on your children to make sure that they are following the rules. As the teachers are in class and are unable to supervise the waiting areas or outside, please be aware that any children outside the classroom are your responsibility.

Students and parents are welcome to use the kitchen area while waiting for classes. There is a kettle/microwave/vending machine for your convenience. Please remember to be considerate of other patrons and always throw your rubbish away, clean up any crumbs and wash your dishes/glasses with the washers and cleaning products provided in the kitchen. Please note that **NO FOOD/DRINK** is to be taken into the studio (excluding a named water bottle) as some of our students have food allergies.

## Feedback, Complaints & Difficulties

Any complaints and/or difficulties can be easily resolved as Miss Shilleena is always available. We appreciate your feedback and always take it into consideration. Please feel free to contact Miss Shilleena by phone or email. We encourage you to contact us immediately should a concern arise.

Check out our Website – [www.shilleenasdanceacademy.com.au](http://www.shilleenasdanceacademy.com.au)

Shilleena's Dance Academy has a website that is regularly updated with information, newsletters, up-coming events and photos. If you do not wish for photos or video of your child to be on the website, please contact Miss Shilleena.

## Ready to Enrol?

The following link will take you to our online enrolment form:

<https://www.shilleenasdanceacademy.com.au/our-dance-school/enrol-dance-classes-brisbane/>

## Contact Details

The school contact details are as follows:

Phone: 0439 763 082  
Mail: PO Box 29, Camp Hill Q 4152  
Email: [sda@shilleenasdanceacademy.com.au](mailto:sda@shilleenasdanceacademy.com.au)  
Website: [www.shilleenasdanceacademy.com.au](http://www.shilleenasdanceacademy.com.au)





SHILLEENA'S DANCE ACADEMY PTY LTD  
t/a SHILLEENA'S DANCE ACADEMY

Principal: Shilleena Collins  
Address: PO Box 29  
Camp Hill Qld 4152  
Phone: 0439 763 082  
Blue Card: 54737/10 Expiry: 18/04/2026  
ABN: 81 161 370 743

## RISK MANAGEMENT STRATEGY FOR CHILD PROTECTION

### Commitment

Shilleena's Dance Academy aims to –

- provide a high standard of tuition in ballet, jazz, tap, creative dance, contemporary, lyrical, cabaret, street jazz and acrobatics.
- nurture a love of dance.
- provide encouragement and support to the individual.
- provide a well-rounded dance training program.
- provide a fun and creative class environment.

Shilleena's Dance Academy is committed to the safety and wellbeing of all children attending this dance school. Shilleena's Dance Academy is committed to providing services to children and young people to assist them to fulfil the aims listed above.

To ensure children and young people are kept safe from harm, I will conduct my business activities in accordance with the following risk management strategies. I will:

- ensure that all employees/volunteers responsible for students are unaffected by the use of substances which may compromise the appropriate supervision of children at all times,
- gain consent from parents or carers before photographing or videoing any child,
- gain consent from parents or carers before communicating by phone or email with any child,
- not support bullying or harassment by anyone to anyone, including among children,
- ensure that no visitors or outsiders have contact with the children, and
- notify parents/carers if I am unable to conduct classes.

### Code of Conduct

The SDA community will:

- foster mutual respect between teachers, children and young people regardless of cultural identity and cultural practices/behaviour,
- understand children and young people, their ages, stages of development, special circumstances and special needs,
- use language which is age/stage appropriate, clear, non-threatening and non-sexual,
- use physical contact only where it is completely necessary during the course of business-related duties and where permission from the child and the child's parent/carer has been gained in that instance,
- willingly listen to a child or young person's concerns/issues,
- willingly use a variety of methods to motivate a child,
- openly listen to parent/child suggestions, feedback and complaints, and
- employ corrective practices which are not punitive, humiliating or aggressive.

Children also have responsibilities. They will demonstrate:

- a willingness to learn,
- a willingness to listen and receive instructions,
- respect for other children, young people and adults who may be waiting for lessons,
- safe and appropriate behaviour while waiting for lessons to commence, or while waiting to be collected by parents/carers, and
- responsibility for appropriate behaviour and reporting inappropriate behaviour and unsafe situations or harm.

Parents and caregivers should:

- drop off and pick up children and young people in a timely fashion, leaving the child in their teacher's care only,
- accept feedback regarding their child's progress,
- focus on, and encourage, the child's efforts and performance,
- provide the necessary clothing and footwear relevant to the dance style as requested,
- alert me to any concerns as soon as they arise when possible,
- give constructive feedback on my policies and procedures,
- provide information to teachers regarding medication/injuries/life events that may affect their child's performance in class,
- be aware that personal information will be treated confidentially and privacy will be respected, and
- remember that their child participates in activities for their own enjoyment, not the parents/carers.

As the Principal of SDA, I have the right to:

- cease teaching a child or young person who is consistently non-compliant or obstructive, in which case the parent/guardian will be contacted immediately,
- raise any concerns I may have with child and/or parent,
- expect that any child/parent will make concerns known to me as soon as they arise so that a resolution can occur as quickly as possible,
- allow only a parent, guardian or other nominated person to pick up a child from my place of business, and
- report disclosures and suspicions of harm.

As a member of Ausdance Queensland, teachers at SDA employ injury prevention and management strategies, in accordance with the Australian Guidelines for Dance Teachers. The importance of correct warm-up and cool-down is emphasised and applied in all classes. We stay updated on the latest child protection policies, which will be updated in 2025.

There may be instances where physical contact is necessary between a student and a teacher. Examples include injury prevention and management, particularly during acrobatics classes, to demonstrate a skill or for instructional purposes as part of an activity, or to assist with toileting of young children. Inappropriate physical contact will not be tolerated and will be reported, including, but not limited to, violent or aggressive behaviour such as hitting, kicking, slapping or pushing, kissing, or touching of a sexual nature.

Employees of SDA may be required to provide first aid to students as required. This may include calling an ambulance if necessary. All efforts will be made to contact parents/caregivers in this instance.

Teachers at SDA will be encouraged to develop appropriate relationships with children and young people under their tutelage. We encourage an open and friendly environment that communicates freely and inclusively. Friendships with students, including those on social media, are at the discretion of the teacher. It is the teacher's responsibility to ensure that appropriate security and privacy measures are in place for the posting of content. It is the student's responsibility to ensure that appropriate professional boundaries are respected. At all times, both teachers and students must follow the guidelines for age limitations specified by the social media platform.

All teachers must be able to provide an appropriate Blue Card for working with children, as well as appropriate training and experience for the level being taught. Ongoing training, support and guidance are provided to staff and volunteers at staff meetings held regularly throughout the year.

## Use of Technology and Social Media

The use of cameras, smartphones, computers, mobile phones, video cameras and other electronic devices by students and parents is strictly prohibited in the studio. The use of these devices in the studio will result in their confiscation by the teacher for the duration of the class.

The exception of this rule is during Parent Watching Week when parents/carers may photograph and/or video their child during their lesson. Please be mindful that other parents/carers may not want their child photographed, and you should try to gain permission before posting on social media if this is the case.

Teachers and students (at the teacher's discretion) are permitted to record dancers for demonstration and/or choreographic purposes to assist with practicing at home. SDA reserves the right to use photography and video taken during class by teachers for advertising and social media purposes unless specifically denied the right to do so in writing.

## Procedure for Making Complaints

If you have a concern or complaint, please contact me as soon as possible so I can respond as quickly as possible. Arrange a time either at the beginning or end of the lesson or at a time convenient to both parties when there is sufficient time to discuss any issues. Ensure only relevant parties are present when a complaint is being discussed. If possible, it should not be discussed within hearing range of the child or young person.

## Reporting Guidelines and Directions for Handling Disclosures and Suspicions of Harm

If confronted with a disclosure of harm from a child or young person, I will respond professionally and in the best interests of the child or young person subjected to the alleged harm. I will ensure that children know it is their right to feel safe at all times and take anything a child or young person says seriously and follow up their concerns.

Reporting of disclosures and suspicions of harm will be made in accordance with procedures recommended by the Commission for Children and Young People and Child Guardian.

In summary:

- I will document the disclosure or suspicion of harm in a non-judgemental and accurate manner as soon as possible,
- I will notify the Department of Child Safety if I suspect or am told that your child is being harmed at home,
- I will notify the Queensland Police Service if I suspect or am told that your child is being harmed outside the home,
- I will notify the Department of Child Safety/Queensland Police Service if I am concerned that your child is self-harming, and
- any reports or documentation on disclosures of harm will be kept confidential and secure, with access strictly limited and on a 'need to know' basis.

## Policy for Managing Breaches of the Risk Management Strategy

Breaches of this risk management strategy by parents/carers or children, specifically in terms of breaching a code of conduct, may result in:

- changes to future class arrangements
- termination of further tuition, and/or
- notification to external authorities if a breach is considered critical.

## Policies and Procedures for Compliance with Blue Card Legislation

I will review this strategy at least annually and record the date of review on the current version of this strategy.



## Risk Management Plans for High-Risk Activities and Special Events

Where a high-risk activity (one requiring extra planning/supervision) or special event takes place, parents/guardians will be provided with the relevant information regarding:

- the purpose of the event and its intended outcome for your child,
- the venue,
- the organiser's risk management strategy where possible/relevant (if the event is to take place at a venue other than my place of business),
- any potential risks unique to the special event and how they will be prevented,
- location of venue and its reputation for conducting special events,
- bathroom locations,
- estimated attendance numbers,
- supervision arrangements, and
- transportation arrangements.

A 'risk register' for my general business activities will be used to plan for/calculate the likelihood of unsafe situations for my business and determine the necessary action if that situation were to eventuate.

### Strategies for Communication and Support

A copy of my current risk management strategy will be displayed at my place of business, and a copy will be provided to each parent/guardian.

Parents/guardians will be notified of any changes and will be provided annually with a new copy of this risk management strategy.

Parents/guardians will also be kept informed of changes to risk management/blue card legislation, through written or verbal communication.

### COVID-Safe Plan

SDA operates under an industry-approved COVID-safe plan.

### Appendix 1: Risk Register

Risk	Likelihood	Consequences	Level of risk	Treatment to prevent or reduce harm
Parent does not arrive to pick up child	Possible	Moderate	Moderate	<ul style="list-style-type: none"> <li>• Procedure for drop off and pick up provided to parent and discussed</li> <li>• Parent provides two other contacts if unable to pick up child</li> <li>• Child to be always in sight until parent arrives</li> </ul>
Child says that he/she does not want to go home with parent	Unlikely	Major	High	<ul style="list-style-type: none"> <li>• Ask child for reason</li> <li>• If answer suggests harm to child from someone at home, report to relevant authorities</li> <li>• If not, discuss issue with parent</li> </ul>
Injury to child during ordinary class	Possible	Moderate/Major	Moderate	<ul style="list-style-type: none"> <li>• A stocked first aid kit is always accessible to all classes. Teachers are first aid and CPR trained and carry updated lists of emergency telephone numbers. In the event of a medical emergency, the teacher will endeavour to contact parents immediately. If parents are un-contactable, the teachers reserve the right to call for ambulance service if deemed necessary.</li> </ul>
Child discloses that he/she is being physically harmed by parent/family member	Possible	Major	Extreme	<ul style="list-style-type: none"> <li>• Ring Department of Child Safety to clarify, and to potentially report disclosure</li> </ul>

Risk	Likelihood	Consequences	Level of risk	Treatment to prevent or reduce harm
Child discloses that he/she is being sexually abused by parent or family member	Possible	Major	Extreme	<ul style="list-style-type: none"> <li>Report to Department of Child Safety</li> <li>Provide support to child through Crisis Care if necessary</li> </ul>
Child discloses that he/she is being sexually abused by someone outside their own family	Possible	Major	Extreme	<ul style="list-style-type: none"> <li>Report to police</li> <li>Provide support to child and notify parents</li> </ul>
Child complains to parent that he/she was verbally abused at my place of business	Unlikely	Major	High	<ul style="list-style-type: none"> <li>Provide parent with a copy of Code of Conduct and refer to Statement of Commitment to protect children from harm</li> <li>Provide procedures for making complaint</li> <li>Request that parent observe future interactions between child and myself</li> </ul>
Child complains to parent that he/she was physically or sexually abused at my place of business	Unlikely	Major	Extreme	<ul style="list-style-type: none"> <li>Provide parent with a copy of teacher's Code of Conduct and refer to Statement of Commitment to protect children from harm</li> <li>Advise parent of their right to report these claims after having clarified issue(s) with child</li> <li>Parent to inform teacher of any issue that the child has in relation to a lesson to clarify issue</li> </ul>
Child show signs of depression, sadness and/or talks/shows signs of self-harm	Possible	Major	Extreme	<ul style="list-style-type: none"> <li>Depending on the information given, discuss concerns with parent/guardian</li> <li>If a reference to abuse is made by parent/guardian or child, report to relevant authorities</li> </ul>
Child's behaviour makes interaction untenable and could potentially result in harm to child or myself	Possible	Moderate	High	<ul style="list-style-type: none"> <li>Refer child to Code of Conduct</li> <li>Speak with parent about child's behaviour, ensuring child is involved in discussion</li> <li>Request parent immediately picks up child from my place of business</li> <li>Require parent to attend any future sessions</li> </ul>

In developing this risk management strategy, I have used a number of risk management-related resources offered by the Commission for Children and Young People and Child Guardian. These resources can be viewed at the Commission's website, at <https://www.bluecard.qld.gov.au/risk-management.html>.

If you have any concerns about my risk management strategy for child protection, please contact me on 0439 763 082 to discuss.

Shilleena Collins  
Principal – Shilleena's Dance Academy

4 December 2024